

Report on Breast Screening Camp with mammography Organized at ESIC Model Hospital, Bari Brahmana, Jammu (J&k) on Occasion of ESIC 74th Fortnight Celebrations.

As part of the ESIC 74th Fortnight Celebration, a Breast Cancer Screening Camp with mammography was organized at the ESIC Model Hospital in Bari Brahmana. The primary objective of this camp was to provide breast cancer screening for early detection, raise awareness about the importance of early diagnosis, and provide preventive measures and consultation.

Event Details

- **Organizing Body:** ESIC Model Hospital, Bari Brahmana (Jammu).
- **Date:** 03/03/2025
- **Target Audience:** Women in the community aged 40 and above, along with those who exhibited any risk factors or symptoms related to breast cancer.

Specialist Involved:

Dr. Anju Manhas, Specialist in Surgery, led the screening process. Dr. Anju Manhas, with her extensive knowledge and expertise in the field, conducted thorough consultations, followed by mammography screenings, to ensure that participants received the highest level of care.

Screening Process

- **Mammography:** The screening was conducted using advanced mammography equipment to detect any potential signs of breast cancer. Mammography is a crucial tool in the early detection of breast cancer, especially for women over the age of 40 or those with a family history of the disease.

Participants:

A total of 25 patients participated in the breast cancer screening camp. The screening was open to women of various age groups, but special attention was given to those who had a higher risk of developing breast cancer, such as those with a family history of the disease or with noticeable symptoms.

Outcomes of the Camp:

- **Early Detection:** The camp successfully identified women who were at risk of breast cancer, allowing them to take timely action.
- **Awareness Raising:** The camp also helped raise awareness about breast cancer, its symptoms, and the importance of regular screening. Many women left with a better understanding of how they can protect themselves from this disease.
- **Follow-up Care:** Any participants who required further tests or treatment were advised on the necessary steps to take, including referrals to specialists and the need for additional diagnostic procedures if required.

